



# Pirate Press

Volume 5, Issue 14: November 10, 2022



**Happy Veterans Day on Friday, November 11. There is no school on this day. Thank you to all veterans for their service!**



Dear Pirate Family,

The **2nd grading period** is over on 11/22. Students, please be in contact with your teacher about your academic progress. Our **Pirate Recovery** sessions for students who need to recover absences, improve grades, need tutoring, and need help with homework are ongoing. Please check out [page 2](#) for full details. Sessions are on Monday, Tuesday, and Wednesday of each week from 3:10 to 4:10 PM in the media center. We will have a Math, Science, English, and Social Studies teacher here for students. **More notifications about students who owe attendance recovery will go out next week.**

Students are reminded to continue to check the **Student Canvas Announcement Page** to be updated daily on events at PRHS. Please review our table of contents on this page and use this newsletter to stay informed throughout the year, as well as, our [PRHS Website](#). The Pirate Press is the main form of communication from school to home.

## COMMERCIAL FOOD POLICY AT PRHS

- The school will not accept commercial food items delivered to students during school hours. Students may either bring lunch from home, or may purchase lunch from the PRHS cafe.
- **Students are not to have commercial food delivered to school. Orders will be refused at the purchaser's expense.**

**[CLICK HERE TO JOIN THE PTO](#)**

**PTO Information is on [Page 4](#)**

## This Week in Pirate Nation:

Academic and Student Spotlights	<a href="#">Page 2</a>
Pirate Recovery	<a href="#">Page 3</a>
Pirate Commitment Goals	<a href="#">Page 4</a>
Pirate PTO Page	<a href="#">Page 5</a>
PTO Sign-ups for Thanks Pie Giving	<a href="#">Page 5</a>
Student Life Announcements	<a href="#">Page 6</a>
Lip Sync Battle	<a href="#">Page 7</a>
Winter Guard Tryouts	<a href="#">Page 7</a>
Theater Showcase	<a href="#">Page 7</a>
Site Based Team Student Need	<a href="#">Page 8</a>
Fall Robotics Competition	<a href="#">Page 8</a>
Senior Yearbook Ads	<a href="#">Page 9</a>
PRHS Athletics	<a href="#">Page 10-11</a>
Athletic Tickets	<a href="#">Page 10</a>
Winter Sports Schedules	<a href="#">Page 10</a>
Athletic Signing Recognition	<a href="#">Page 10</a>
Athletic Events this Week	<a href="#">Page 11</a>
Athletic Scores and Results	<a href="#">Page 11</a>
Cheer Competition Placement	<a href="#">Page 11</a>
PRHS Counseling	<a href="#">Pages 12-21</a>
Who is Your Counselor	<a href="#">Page 12</a>
Add Parents to Scoir	<a href="#">Page 12</a>
College Advisor & Senior Info.	<a href="#">Page 13</a>
Thank you Notes: Recommendations	<a href="#">Page 14</a>
College and Career Opportunities	<a href="#">Page 15</a>
UCPS Paying for College Meeting	<a href="#">Page 15</a>
Scholarship Information	<a href="#">Page 16</a>
UCPS Parent Resources	<a href="#">Page 17</a>
Free ACT/SAT Practice Info.	<a href="#">Page 17</a>
Career and College Promise	<a href="#">Page 18</a>
ASVAB	<a href="#">Page 18</a>
Job Opportunities	<a href="#">Page 18</a>
Parent Power School & Canvas	<a href="#">Page 19</a>
Chromebook Issue Contact	<a href="#">Page 19</a>
Major Clarity	<a href="#">Page 19</a>
Pirate Family/Student Info. Portal	<a href="#">Page 20</a>
Pirate Ports of Information	<a href="#">Page 21</a>

***Remember to keep following us on social media:***

Follow us on Facebook: [PorterRidgeHS.NC](#)

Follow us on Twitter: [@PorterRidgeHSNC](#)

Follow us on Instagram: [@porterridgehs](#)





# ACADEMICS, LEADERSHIP & ADVISORY



Congratulations to the Fall 2022 Visual Design students for becoming Adobe Certified Professionals in Adobe Photoshop

## ADOBE CERTIFIED PROFESSIONAL VISUAL DESIGN USING ADOBE PHOTOSHOP

PROFESSIONAL Ps

WILL ABRASOM	JAKE LEE	BRACYN DOSHI
AARON BAUCOM	NAJEE ROGERS	OLIVIA GAZDA
ELIZABETH BRIGHT	MICHAEL ZAVALA	KEREN GUITIERREZ
KHAMARI COLBERT	IBRAHIM AL ZUHAIRI	JIRA WILLIAMS
ALEXIS ENNIS	JORDAN DANTZLER	MICHAEL LAYDEN
GARRETT LENTS	TREVOR LINN	BRANDON LOBERG
ROMAN MADIANOV	JASON MALECK	ALEXANDER PLOTKIN
	DANIIL KUCHERENKO	

Congratulations to **Kiersten Helms** on signing to continue her Softball Career at Belmont Abbey College, **Alexa Fusco** on signing to continue her Softball Career at Louisburg College, **Micah Laney** on signing to continue his Baseball Career at Surry Community College, and **Jacob Laney** on signing to continue his Cross Country Career at UNC Chapel Hill!



**Ms. Whitley's class** learned about historic figures and their impact by networking at a 1920s mock speakeasy during class.



**Brittney Baide** did an INCREDIBLE job representing PRHS as our **Parade Princess nominee** tonight!! We are excited that she will be leading us in the Monroe Christmas Parade on 11/20!!



Anthony Wadley and Kenna Williams are Juniors & in Pirate Advisory Ms. Grello caught them taking leadership by presenting to the group their visit to College Fair!!!! So proud of these ladies and gentlemen



# PIRATE RECOVERY



Mon, Tues,  
Weds: 3:10-4:10  
PM, Media  
Center

Recover  
Unexcused  
Absences!

Tutoring for  
students who  
want help!

Time to  
Complete  
Homework  
and Projects

Unit or Credit  
Recovery  
COMING  
SOON!

Math,  
Social  
Studies,  
Science,  
and  
English  
Teachers  
on site

## PRHS PIRATE RECOVERY



Students will have the opportunity to stay after school  
Mon-Tues-Wed for the following:

### ABSENCE RECOVERY

STUDENTS SHOULD RECOVER ABSENCES MISSED EACH WEEK. THIS WILL SUPPORT STUDENTS TO MASTER MATERIAL CLOSE TO THE ABSENCE AND PROVIDE REINFORCEMENT ON THE IMPORTANCE OF BEING AT SCHOOL. ALL ATTENDANCE AND RECOVERY LIMITS STILL APPLY.

### TUTORING

STUDENTS WHO NEED HELP WITH SPECIFIC CONTENT WILL HAVE ACCESS TO TEACHER SUPPORT AFTER SCHOOL. PLEASE NOTE THAT ALL TEACHERS WILL CONTINUE TO OFFER DEDICATED OFFICE HOURS THAT ARE POSTED ON THEIR CANVAS HOMEPAGE

### HOMEWORK HELP

STUDENTS WILL HAVE A DEDICATED SPACE TO DO THEIR HOMEWORK AND RECEIVE HELP IF NEEDED. STUDENTS ARE ALSO WELCOME TO STAY TO HAVE A PROJECT OR STUDY GROUP SPACE.

### CREDIT RECOVERY

IS FOR SPECIFIC STUDENTS ONLY. THEY WILL BE NOTIFIED BY THEIR COUNSELOR.

### REMINDERS:

- Students in credit & absence recovery are **REQUIRED** to stay from 3:10-4:10. Students present for tutoring, homework help, a project, or study group should arrive at 3:10 but are welcome to leave as they finish.
- Students must be actively working on schoolwork.





# PIRATE COMMITMENT GOALS



## Goals in Making a Commitment to Graduate with a Purpose

Commit to  
Come to  
School

Commit to  
Complete  
Your Work

Commit to Be  
Nice to All

Commit to  
Your  
Talent(s)

### *“Waves of Commitment”*

*All hail Porter Ridge.*

*To you we sing our praise.*

*As we go through life's deep waters,*

*May we sail above the waves.*

*Purple and **Black** may your flag wave high*

*Over the ragin' sea!*

*So the world will always know that*

***WE ARE PR***

*And we commit ourselves to thee!*



# PIRATE PTO PAGE



The PTO needs a lot of volunteers to help with **Thanks Pie Giving** to staff on November, 22.

Please [Click Here](#) to buy or bake or email us as [piratespto01@gmail.com](mailto:piratespto01@gmail.com)

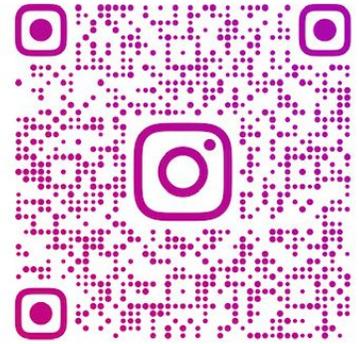
Follow the PTO on Instagram: [Porter ridge hs pto](#)

## **HAPPY THANKS-PIE-GIVING!**

It is that time of year again. The temperatures are dipping...the apples falling from the trees...pumpkins all brilliant and orange are everywhere...the air smells of cinnamon and anticipation. What a better time than now to let the teachers and staff at Porter Ridge know that they are appreciated!

This year we are trying something new that we have heard is a hit at other schools in the area. We are looking for bakers (or shoppers) to help supply a dessert to each teacher and staff member at the school that they can take with them over the Thanksgiving holiday. We ask that the homemade dessert be labeled, but that is the only guidance we are going to give. We hope that people will be as creative as they want in the display of their dish and their label. We need at least 150 desserts for this to be a success. We will be distributing the pies on Tuesday, November 22nd at dismissal. Desserts can be dropped off that morning in the front office or the evening prior at a PR home throughout the cluster to be determined. Sign up by [CLICKING HERE](#)

We are also looking for quotes of why you are thankful for a particular staff member or teacher to put on a display for them when they come to gather their goodies. These can be emailed to: [blgreen76@gmail.com](mailto:blgreen76@gmail.com). We appreciate the efforts that you all make throughout the year to make Porter Ridge so amazing for our kids and hope that you will be able to help us in appreciating the teacher and staff effort in this busy time.



PORTER\_RIDGE\_HS\_PTO





# STUDENT LIFE ANNOUNCEMENTS



- ❖ We are looking for **Peer Mentors** to assist with our mentorship program to help **English Language Learner** students at Sardis elementary and Porter Ridge Middle School. If interested, please let Mr. James or Ms. Anderson know or complete the google doc emailed to you.
- ❖ **PRHS has established a Peer Mentoring Program.** This program partners with Sardis Elementary and Porter Ridge Middle School. Whether it is difficulty with academics, language, or adapting to our community, ELL mentors will be critical in getting these students invested in themselves and their surroundings. Our mission is to create a warm and welcoming school climate for all students, which will maximize their potential for success.
- ❖ Buy your **yearbooks** at [yearbookforever.com](http://yearbookforever.com)
- ❖ Interested in environmental sustainability and problem solving? **Growing Green** is the place for you. Growing Green will be having their next meeting Monday, November 14 in Mrs. Smart's room, G114.
- ❖ Students and Staff! Stop by the Media Center and enter our "**Thankful For**" **contest!** Fill out a turkey or pumpkin at the circulation desk and you will be entered for a chance to win a Chick-Fil-A gift card! Contest ends Friday, November 18th and winners will be announced Monday, November 21st.
- ❖ Join us for our first Winter meeting of the **Crocheting and Craft Club** on Dec. 2nd in G106. We'll discuss volunteering opportunities and work on fun crafting projects. Supplies are here - we just want you to join the fun!
- ❖ There will be a **Women's Soccer** interest meeting on November 17th until 3:45 in room F202. If you are unable to attend please stop by and see Coach Cheron in the gym.
- ❖ **HOSA** will be meeting Wednesday, November 16th at 7:40am in E212. SPCC Medical Instructors will be giving a presentation during the meeting. We will also be going over our service project for December! Check Instagram and the HOSA board for more information.
- ❖ The **Spanish club** will be meeting next Tuesday November 15, after school in room f102. All members are encouraged to attend.
- ❖ The **JCL** will meet after school on Tuesday, November 15. We will play Roman board games and plan our next events. Plan to meet in G111.
- ❖ Interested in gardening, nature, and learning about plants? Want to help cultivate the Porter Ridge Campus? Sign up to be a part of PR's first **Outdoors Club!** Our interest meeting will be held on Tuesday, November 15th, after school at 3:10 in room G211. See Ms. Lukasik with any questions.
- ❖ The **PRHS Winter Guard** will be holding auditions November 15-18th from 3:30-5:30pm. Come learn a new skill and join our award winning teams. No experience needed! If you have any questions see Mr. Ross in A101
- ❖ **FCCLA** Meeting, November 15, D101, 3:05-4 pm
- ❖ FCCLA and FFA will be collecting new and gently used hats, scarves and gloves to donate to the Union County Homeless Shelter. Please drop donations in the front office or D101. The collection dates will be November 28-Dec12.
- ❖ Come to Mrs. Hill's room (G107) after school on Friday, November 18th for the NEHS / Creative Writing Club meeting. Everyone is welcome!



# STUDENT LIFE & COMMUNITY EVENTS



12 FUJI RVP

**Join us for the Theatre Showcase**  
A Collection of Student Written Works

Theatre Showcase I

**November 18th 7 PM**  
Tickets \$5 Available at [porterridgehs.seatyourself.biz](http://porterridgehs.seatyourself.biz)

12 11A

12 FUJI RVP

**Nov. 18th 7 PM**

Tickets \$5 Available at [porterridgehs.seatyourself.biz](http://porterridgehs.seatyourself.biz)

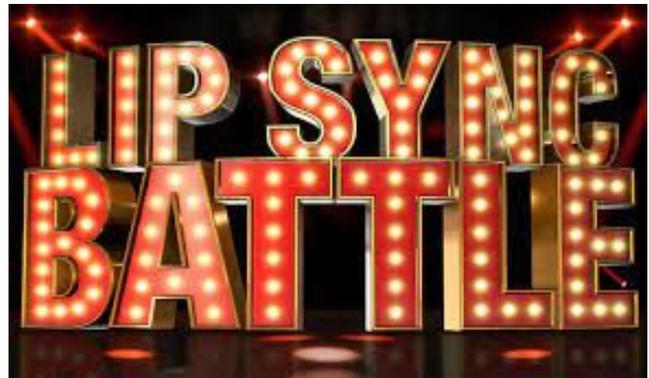
Buy Tickets Here

12 11A

## **LIP SYNC BATTLE**

The PRHS Student Council presents the **LIP SYNC BATTLE** on Tuesday, December 6. Sign-ups are November 14-18. 3-8 People per Team. Tickets will be \$1 to watch!

[Click HERE to watch the commercial!](#)



WORKOUTS  
November 15th -17th

4 - 6PM

AUDITIONS  
November 18th

4 - 6PM



- Learn Something New
- Meet New People
- Join an Award Winning Team
- Make Lasting Memories

*No Experience Needed!*

For More info visit [www.PorterRidgeBand.org](http://www.PorterRidgeBand.org) or See Mr. Ross in A101



# SITE-BASED MANAGEMENT TEAM STUDENT NEEDED & ROBOTICS COMPETITION



“

Are you interested in leadership at PRHS?  
Are you a Junior?

Join the Site-Based Management Team where you can assist in making school-wide decisions alongside your peers and PRHS staff. Scan the QR Code below to express your interest.

”



SPONSORED BY:



ADMISSION IS FREE!!!

## FALL ROBOTICS

SATURDAY, NOVEMBER 19, 2022  
COMPETITION STARTS AT 8:30AM



UNION COUNTY AGRICULTURAL & EVENTS CENTER  
3230-D PRESSON RD  
MONROE, NC 28112

## CLASSIC

<http://www.ucpscte.org>  
@UCPS CAREEREADY

**UCPS**  
UNION COUNTY PUBLIC SCHOOLS  
MIDDLE SCHOOL &  
HIGH SCHOOL DIVISIONS



# SENIOR YEARBOOK ADS



## Buy Your Senior Ad!

celebrate your senior with a custom senior tribute of  
your favorite photos  
purchase by Dec 1st

- full page - \$300
- 1/2 page - \$175
- 1/4 page - \$110
- 1/8 page - \$60



scan the QR Code or head to [yearbookforever.com](http://yearbookforever.com)

### Congratulations Jocelyn!



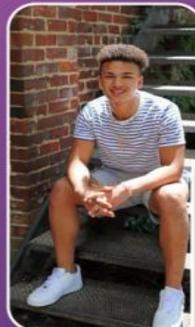
It has been joyful watching you blossom into the woman you are. We look forward with pride and joy to see the woman you will become.

Love, Mom and Dad



*"You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose."*  
—Dr. Seuss

Congratulations!  
We are so proud of you and all you've accomplished!



Malachi,

Never doubt that you are valuable and powerful and deserving of every chance and opportunity in the world to pursue and achieve your own dreams. Remember you only fail when you stop trying. We cannot wait to see what the future holds for you!

Put God first in everything that you do and he will never fail you!

Love,  
Dad, Mama, Micah and Mavric





# PIRATE ATHLETICS



For more information about PRHS Athletics  
click [HERE](#)

CLICK [HERE](#) FOR ATHLETIC  
SCHEDULES

[BOYS BASKETBALL](#)  
[GIRLS BASKETBALL](#)  
[WRESTLING](#)  
[SWIMMING](#)  
[INDOOR TRACK](#)

[CLICK HERE FOR](#)

[HOME EVENT TICKETS](#)

All tickets are sold on this website  
or at the GATE by credit/debit card.

SIGNING DAY

**JACOB LANEY**

CROSS COUNTRY - UNC CHAPEL HILL




SIGNING DAY

**KIERSTEN HELMS**

SOFTBALL - BELMONT ABBEY COLLEGE

BELMONT ABBEY




SIGNING DAY

**ALEXA FUSCO**

SOFTBALL - LOUISBURG COLLEGE



HURRICANES



SIGNING DAY

**MICAH LANEY**

BASEBALL - SURRY COMMUNITY COLLEGE






# PIRATE ATHLETICS

For more information about PRHS Athletics click [HERE](#)



Porter Ridge HIGH SCHOOL

## THIS WEEK IN ATHLETICS



# 13

Sunday

NO EVENTS

# 14

Monday

NO EVENTS

# 15

Tuesday

NO EVENTS

# 16

Wednesday

TRACK : HOME MEET  
4:00 PM

WRESTLING:  
@ PARKWOOD  
6:00PM

# 17

Thursday

WOMENS BB:  
SCRIMMAGE  
@PARKWOOD

MENS BB:  
SCRIMMAGE  
@PARKWOOD

# 18

Friday

NO EVENTS

# 19

SATURDAY

TRACK:  
@CUTHBERTSON  
4:00PM

## ATHLETIC RESULTS

Football Loss @ Chambers 34-3

Congratulations to the PRHS cheer competition team for a hard fought and earned second place at the MRHS Competition !!!!





# COUNSELING CENTER



## Who is your counselor?

**Ashley Lawson**- last names A-Cou  
[ashley.lawson@ucps.k12.nc.us](mailto:ashley.lawson@ucps.k12.nc.us)

**Tanisha Anderson**- last names Cov-Hek  
[tanisha.anderson@ucps.k12.nc.us](mailto:tanisha.anderson@ucps.k12.nc.us)

**Bryan James** – last names Hel-Mc  
[bryan.james@ucps.k12.nc.us](mailto:bryan.james@ucps.k12.nc.us)

**Cassidy Jarrett**- last names Me-San  
[cassidy.lippert@ucps.k12.nc.us](mailto:cassidy.lippert@ucps.k12.nc.us)

**Alexandra Green**- last names Sap-Z  
[alexandra.green@ucps.k12.nc.us](mailto:alexandra.green@ucps.k12.nc.us)

The counselors are here to support you with school. You can set up a meeting to speak to your counselor about academic, career, college, post high school plans or personal needs. If you have any questions please feel free to send your counselor an email.

Add your parents to your SCOIR account. Please follow [these instructions.](#)

Follow us on:  [@PRHSCounseling](https://twitter.com/PRHSCounseling)  
Follow us on:  [prhscounseling](https://www.instagram.com/prhscounseling)

**Graduation** is at the Stadium on Tuesday, June 13, 2023 at 8 PM. More details will go out to Seniors and families later in the school year.

**SCHOLARSHIPS:** There are a ton of newly added scholarships on the [Pirate Scholarship Document!](#) Scholarships with upcoming deadlines are highlighted in **PURPLE!**





# CLASS OF 2023 & COLLEGE ADVISER



**Porter Ridge Schedule:** Mondays, Tuesdays, and alternating Fridays

- As you receive answers, please make sure to update Scoir with the outcomes!
- When you're filling out the Common Application, ONLY put counselor and teacher names, NOT email addresses
- **As you receive scholarship offers, please take a picture or screenshot of the offer and either email it to me or DM it to the @Pirates2College Instagram page.**

## Important Links

[College Advising Website](#)

[Calendly for Meetings](#)

Instagram: @Pirates2College

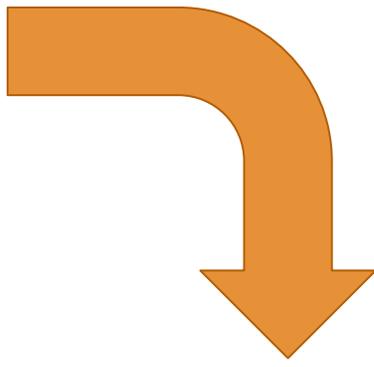
[Calendar for Events and Deadlines](#)

## Scholarship Search Sites

- [Going Merry](#)
- [Raise Me](#)
- [Bold.org](#)
- [UCPS](#)
- [CFNC](#)
- [Niche](#)
- [College Board](#)
- [Tuition Funding Source](#)

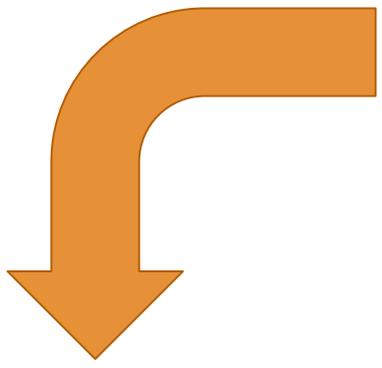


# GIVE THANKS TO YOUR *Recommenders*



## *What's the best way to say thanks?*

WRITE A THOUGHTFUL LETTER. SERIOUSLY, THAT SIMPLE. PEOPLE LOVE BEING THANKED, AND PUTTING TIME INTO YOUR OWN LETTER SHOWS YOU VALUE THE TIME AND EFFORT THEY GAVE. THEN, EITHER HAND DELIVER IT OR GIVE IT TO MS. SCHAEFFER TO PUT IN THE TEACHER'S MAILBOX.



## *What do you say in the letter?*

- POLITE GREETING
- SINCERE THANK YOU AND EXPRESSION OF APPRECIATION FOR THEIR EFFORT
- UPDATE ON YOUR APPLICATION/ADMISSIONS STATUS
- REITERATION OF GRATITUDE
- SIGNATURE



# COLLEGE AND CAREER OPPORTUNITIES



## LAWA High School Events

Free bilingual information session on how to prepare, plan and pay for postsecondary education. Free transportation from select sites. [Register here!](#)

## Upcoming College Visits

Register in SCOIR. All grades welcome!

11/15: Belmont Abbey College

COLLEGE  
READINESS

UCPS  
UNION COUNTY PUBLIC SCHOOLS

## 2022-2023 Parent Series

 @UCPSCollegePrep  
 ucpscollegeready

## Paying for College

November 15, 2022  
6:00 PM - In Person  
at Sun Valley High School

For more information and to register  
visit: <https://bit.ly/collegereadysessions>

UCPS  
UNION COUNTY PUBLIC SCHOOLS



## FREE ACT AND SAT PRACTICE

All students are enrolled in a grade-level course in Albert. This includes:

- A timed ACT practice test
- A timed SAT practice test
- Open independent practice

Go to your UCPS High School startup page and click on Albert. Log in with Clever and start practicing!

Want to learn more?

<https://bit.ly/Albertoverview22>



# SCHOLARSHIPS

## **DAR Scholarships**

The DAR offers too many scholarships to list them individually, so be sure to check them out [HERE](#)! You do not need to be a member of the DAR to qualify and apply.

## **Cooke Foundation Scholarship**

For high-achieving students with financial need. Up to \$55,000 per year toward any 4-year accredited undergraduate school. **Apply by 11/17/22.** [Click Here for more information.](#)

## **Overachievers Student Grant**

If you are a person who is making a difference in others' lives outside of the classroom, you are eligible for this \$15,000 scholarship. Application due 12/15/22. [CLICK HERE](#) for more information!

## **Hispanic Heritage Foundation Youth Awards**

For Latino seniors who excel in the classroom and community, especially for excellence in: Business & Entrepreneurship, Community Service, Education, Engineering, Green Sustainability, Healthcare & Science, Media & Entertainment, Public Service & Social Justice, Sports & Fitness and Technology. Must have a minimum unweighted 3.0 GPA, be of Hispanic heritage, and be a US permanent resident, US Citizen, or qualify under DACA. If interested in applying for this scholarship [click here](#). **Apply by 11/14/22.**

## **Science Ambassador Scholarship**

This \$40,000 scholarship is for a woman interested in a STEM major. [CLICK HERE](#) for more information and the application.



# UPCS PARENT RESOURCES & SAT/ACT PREP



Join PRHS ACT Prep  
Go to the Albert App on your Student  
StartUp page to join the class!

**X47XHX8YU4C5**

Don't miss out on the chance to use the above  
code to improve your ACT scores!

Students:

1. Visit "[www.albert.io/classes](http://www.albert.io/classes)".
2. Click "Join Class" and enter the code  
above.

Join PRHS SAT Prep

Go to the Albert App on your Student  
StartUp page to join the class!

**5N86BRCPA796**

Don't miss out on the opportunity to use  
the above code to improve your SAT scores

Students:

1. Visit "[www.albert.io/classes](http://www.albert.io/classes)".
2. Click "Join Class" and enter the code  
above.

UPCS  
UNION COUNTY PUBLIC SCHOOLS



UNION COUNTY PUBLIC SCHOOLS

**PARENT**  
EDUCATION SERIES

UPCS is offering four workshops to help parents with resources and tools to navigate tough situations. All parents are invited and encouraged to attend one or all of the following sessions.

### VAPING

Oct. 27, 2022 at 6:30-7:30 p.m. - Monroe High

This presentation will review types of e-cigarettes (e-cigs, vapes), how to identify the different shapes and sizes of e-cigs, how to identify the use of e-cigs in teens, the epidemic use of e-cigs in teens and harmful effects, and how to prevent use and get help/support for teens who are using e-cigs.

PRESENTERS: Dr. Carolyn Ford and Erica High

### FAMILY WELLNESS

Jan. 19, 2023 at 6:30-7:30 p.m. - Porter Ridge High

How much is too much! Learn healthy ways of eating and all the benefits. Understand portion control. Participants will learn how much physical activity is needed to live a happier and healthier life

PRESENTER: Tracey Leitner

### SUICIDE AWARENESS

Feb. 16, 2023 at 6:30-7:30 p.m. - Sun Valley High

Participants will learn about terminology related to suicidal activity, prevalence, risk factors, characteristics and warning signs. They will also receive information about community resources.

PRESENTERS: Belle Walker and Susan Slattery-Rogers

### ANXIETY AND STRATEGIES

March 9, 2023 at 6:30-7:30 p.m. - Sun Valley High

Trent Morrow, from L&B Counseling, will present "The Anxiety Trap." It's human to experience fear, self-doubt and confusion. In the right dose these feelings can be helpful—they keep us vigilant, engaged, and productive. However, sometimes anxiety can act as a trap when it begins to overburden our brains and undermine the way we and our kids perform. Trent will discuss how to break free from this kind of anxiety and discuss the strategies that can put us all in charge instead of the anxiety.

PRESENTER: Trent Morrow

STAY CONNECTED [www.ucps.k12.nc.us](http://www.ucps.k12.nc.us)

UPCS  
UNION COUNTY PUBLIC SCHOOLS



ESCUELAS PUBLICAS DEL CONDADO UNION

**PADRES**  
EDUCACION PARA

UPCS ofrece cuatro talleres para ayudar a los padres con recursos y herramientas para navegar situaciones difíciles. Los padres están invitados a asistir a una o a todas las sesiones.

### VAPING

Oct. 27, 2022 a las 6:30-7:30 p.m. - Secundaria Monroe

Esta presentación revisará los tipos de cigarrillos electrónicos (e-cigs, vapes), cómo identificar sus diferentes formas y tamaños, cómo identificar el uso de e-cigs en adolescentes, uso epidémico de e-cigs en adolescentes y los efectos nocivos, cómo prevenir el uso y obtener ayuda para los adolescentes que usan cigarrillos electrónicos.

PRESENTADORES: Dr. Carolyn Ford y Erica High

### BIENESTAR FAMILIAR

Jan. 19, 2023 a las 6:30-7:30 p.m. - Secundaria Porter Ridge

¿Cuánto es demasiado! Aprende formas saludables de comer y todos sus beneficios. Entiende el control de porciones. Los participantes aprenderán cuánta actividad física se necesita para vivir una vida más feliz y saludable.

PRESENTADOR: Tracey Leitner

### CONCIENTIZACION SOBRE EL SUICIDIO

Feb. 16, 2023 a las 6:30-7:30 p.m. - Secundaria Sun Valle

Los participantes aprenderán sobre la terminología relacionada con la actividad suicida, incidencia, factores de riesgo, características y señales de advertencia. También recibirán información sobre los recursos de la comunidad.

PRESENTADORES: Belle Walker y Susan Slattery-Rogers

### ANSIEDAD Y ESTRATEGIAS

March 9, 2023 a las 6:30-7:30 p.m. - Secundaria Sun Valley

Trent Morrow, de L&B Counseling, presentará "La trampa de la Ansiedad". Es humano experimentar miedo, dudas y confusión. En la dosis correcta, estos sentimientos pueden ser útiles: nos mantienen vigilantes, comprometidos y productivos. Sin embargo, a veces la ansiedad puede actuar como una trampa cuando comienza a sobrecargar nuestros cerebros y a minar la forma en la que nuestros hijos y nosotros nos desempeñamos. Trent hablará de cómo liberarse de este tipo de ansiedad y de las estrategias que nos pueden poner a cargo en lugar de la ansiedad.

PRESENTADOR: Trent Morrow

MANTENTE CONECTADO [www.ucps.k12.nc.us](http://www.ucps.k12.nc.us)



# CAREER & COLLEGE PROMISE, ASVAB, JOB OPPORTUNITIES



## SPCC CAREER AND COLLEGE PROMISE INFORMATION SESSION

Join us for an information session about Career and College Promise (CCP) program at SPCC.

### Topics covered:

- Pathways
- Eligibility
- Steps to Enrollment
- Career Coach vs. High School Counselor
- SPCC Technology
- Course Load
- Course Instructional Formats
- Accommodations
- Benefits of CCP
- and more

- DATES**
- August 23, 2022
  - September 13, 2022
  - October 11, 2022
  - November 8, 2022
  - January 17, 2023
  - February 14, 2023
  - March 14, 2023
  - April 11, 2023

All info sessions begin at 6 PM. (Virtual Microsoft Teams Sessions)

### HOW TO ATTEND?

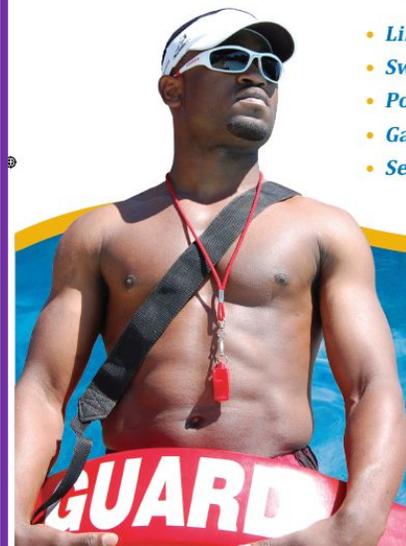
Simply click the link below to join: **Microsoft Teams meeting**  
Join on your computer or mobile app [CLICK HERE](#)

### CONTACT INFO

For more information, please contact Secondary Education Partnerships at [sep@spcc.edu](mailto:sep@spcc.edu) or 704.290.5090



## NOW HIRING



- Lifeguards
- Swim Instructors
- Pool Managers
- Gate Attendants
- Service Techs

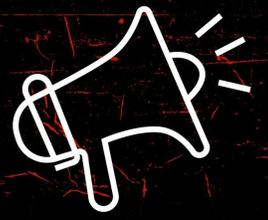
**APPLY NOW**  
[charlotte-pmg.com](http://charlotte-pmg.com)

704-583-9700 ext. 13



# WE ARE HIRING

Join your team



### HIRING POSITIONS

- Weekend Part Time
- Seasonal
- Cafe Team

Apply in Person at Ballantyne  
Location or Online:



[www.SportsConnectionNC.com](http://www.SportsConnectionNC.com)

# ASVAB



The ASVAB Test (the Armed Services Vocational Aptitude Battery) will be given at Piedmont High School on Friday, December 9th in room F-3.

The testing session will start at 8:30am and end at 11:00am. Any 10th, 11th, or 12th grade students interested in taking the test will need to sign-up at the link below or stop by Room F3 before December 1st.

<https://forms.gle/DwkUVgAhtwkoVYgd7>

- The ASVAB test takes about 2 hours
- You will need to bring your Chromebook fully charged for the test
- The test is given free of charge
- The ASVAB is used by the military, but can also be used to help students explore careers based on their interests and skills



# ISSUES WITH CHROMEBOOKS, MAJOR CLARITY & CANVAS PARENT & POWER SCHOOL



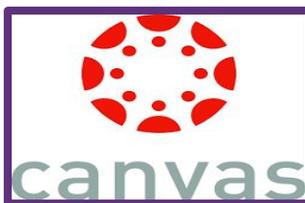
PowerSchool Parent Portal to keep up with attendance and grades.

[Click here](#) for information.



Parents Be a Canvas Observer

[Click here](#) for instructions



## “Major Clarity”

UCPS continues to utilize a program called Major Clarity for career resources. All Porter Ridge High School students have a Major Clarity account and they can access it by going to the UCPS High School Student Start Up page and click on their NCEdCloud IAM Clever title to login in. Students will then click on the Clever tile. Click on Student & Teacher Log in with NCEdCloud and scroll down until they see More apps and select the Major Clarity tile. Once they are in their Major Clarity account, on the left hand side they can select assessments and take the Personality Assessment & Learning Styles Assessment. After the student takes the Personality Assessment, back on the left side they can click Career Exploration and either search for what they would like to see or if they scroll down, they will see careers that have a Fit Score and click on them to learn more about each career. Below are screenshots as well. Another resource in Major Clarity students can earn Micro-Credentials. Micro-Credentials can be received after students complete a mini course. These credentials can help students take the next step in their career discovery and help them stand-out by earning subject matter micro-credentials, built in partnership with leading employers and educational institutions. If you have any questions or would like more information, please email Ms. Webb at [sarah.webb@ucps.k12.nc.us](mailto:sarah.webb@ucps.k12.nc.us).

## GOT CHROMEBOOK ISSUES?

Location: D105 inside Media Center; Who: Mr. Walden or Ms. Snelson; [students can email jason.walden@ucps.k12.nc.us](mailto:jason.walden@ucps.k12.nc.us) for support - Teachers can contact via MS Teams

**Tech Times: Monday -Wednesday -Friday Mr. Walden is here 7:45 - 11:30 am.**

**Tues and Thurs he is here 12:30pm - 3:00pm.**

Teachers and students STILL always have to put in a ticket also.

Before or after these times Ms. Snelson can help with the following: reconnecting to the wifi; resetting NC ED Cloud passwords; damaged computers- she can replace as long as she has computers available

\*\*Students should put in a help desk ticket the icon can be found on the student start-up page. It is a big red button in the last row.



# INFORMATION PORTAL



[Important Links](#)  
[School Forms- CLICK HERE](#)

[School Health and Safety Information- CLICK HERE](#)

[School Technology How to Page- CLICK HERE](#)

[Visitor on Campus Information- CLICK HERE](#)

[Transportation Information- CLICK HERE](#)

[Transportation information](#) can be found on the [UCPS Transportation pages](#).

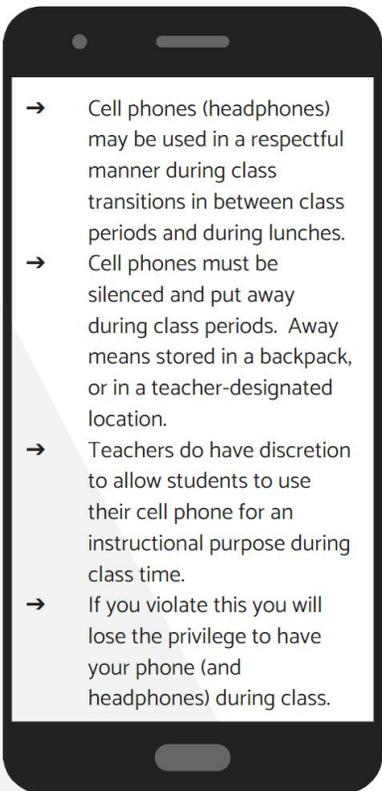
The school system is using a **NEW app** this year to track your bus. Please see the flyer below: Video on how to install the app:

[CLICK HERE](#)

For directions on **how to install** this Real-time bus app on your phone [please follow this link](#). There is a great video for your reference here.

[Click here for the PRHS Student Handbook](#)

for the Tardy Policy, Dress Code, & Attendance Requirements



- Cell phones (headphones) may be used in a respectful manner during class transitions in between class periods and during lunches.
- Cell phones must be silenced and put away during class periods. Away means stored in a backpack, or in a teacher-designated location.
- Teachers do have discretion to allow students to use their cell phone for an instructional purpose during class time.
- If you violate this you will lose the privilege to have your phone (and headphones) during class.

## [School Nutrition Prices](#)

**If you feel your family may qualify for free or reduced meals**, UCPS encourages parents to complete the [meal application](#) (click here)

Click [here](#) for more information on meal prices.

Click [here](#) to set up an account to **make payments** and monitor your child's lunch account.

If you have questions or need a paper copy of the application, please contact School Nutrition at 704-296-3000

## [STUDENT ABSENCES](#)

- Students must turn in absence excuse notes to the Attendance Counselor **BEFORE** the start of the school day.
- Students are allowed **FIVE school** days after the end of an absence to bring a parent/ doctor note to document the reason for the absence. A parent note must be signed by a parent or guardian with a work and home telephone number for further clarification. An absence will be recorded as unexcused until the parent/ doctor note is submitted.
- After **FIVE** days the absence is recorded as **unexcused/unlawful**. Doctor/Medical notes may be considered after this in special cases. Parent notes will not be accepted after five days.
- All parent notes are subject to review and may result in a required parent-administration meeting in order to be considered.



# PIRATE PORTS OF INFORMATION



## Ports of Information for Pirates:

**Follow us on Facebook:** [PorterRidgeHS.NC](#)

**Follow us on Twitter:** [@PorterRidgeHSNC](#) [@PRHSCareer](#) [@prhs\\_athletics](#)  
[@PRPiratehoops](#) [@pr\\_volleyball](#) [@PorterRidgeFB](#) [@prtrackandfield](#)  
[@PRHSSoccer1](#) [@PRHSPiratesBSB](#) [@PorterRidgeFFA](#) [@PRHScheer](#)  
[@porterridgeabc](#) [@PorterRidgeBand](#) [@Piratestuco](#) [@PRLAX2](#)

**Follow us on Instagram:** [#Committed](#) [#InItTogether](#) [#WeRPR](#) [@prhsffa](#)  
[@porterridgefootball](#) [@porterridgecheer](#) [@prhs\\_athletics\\_](#) [@prbandofpirates](#)  
[@prhs\\_volleyball](#) [@prhscounseling](#) [@pr\\_athletic\\_booster\\_club](#) [@prhs.running](#)  
[@prhsbaseball](#) [@prhs.beta.club](#) [@prhscs](#) [@prhsweightlifting](#)  
[@prhs.piratenation](#) [@prhs\\_frenchclub\\_](#) [@prhs\\_hosa](#) [@pr.nahs](#) [@prhs.wrestling](#)  
[@prhs\\_interactclub](#) [@prhs.nhs](#) [@prhs.knittingandcrocheting](#) [@prhs\\_discgolf](#)  
[@prhsfieldhockey](#) [@prhs\\_gsa\\_](#) [@prhswomenslax](#) [@porterridgesoftball](#)  
[@prhs.running](#) [@porterridgeyounglife](#) [@ucpsnc](#) [@pmhs\\_afjrotc](#)  
[@prhs\\_castaways](#) [@prhs.draft.robotix](#) [@prhsyearbook2023](#) [@prhs.bookclub](#)  
[@prhsmualphatheta](#) [@aghoulihan](#) [@prhs.jcl.club](#) [@porterridgeswimming](#)  
[@prhsbasketballcheer](#) [@prhssandvolleyball](#) [@prhswtennis](#) [@prhs.dnd.club](#)  
[@pr\\_nehs](#) [@PRHS\\_Vocal\\_Treasures](#) [@prhsspeechanddebate](#) [@prhs\\_mha\\_saves](#)  
[@prhsmodelunitednations](#) [@prhsfilmclub](#) [@prphilosophyclub](#)  
[@prhsirates4christ](#) [@prhs\\_humanities](#) [@prhs\\_growinggreen](#)  
[@porter\\_ridge\\_hs\\_pto](#)

**Follow UCPS on Twitter:** [@AGHoulihan](#) [@UCPSNC](#) [@UCPSNCATHLETICS](#)  
[@UCPSInnovate](#) [@UCPSCareerready](#) [@UMatterinUCPS](#)